

Youth Outdoor Challenge

MANDATORY KIT

Teams could be refused at the start if they do not have all kit

Each Competitor *must* wear or carry the following mandatory kit on the whole route each day:

- Good quality ankle supporting trainers/boots
- Socks
- Warm full leg cover (not jeans)
- Warm shirt / T- Shirt
- Fleece top or jumper
- Rainproof Jacket & Trousers
- Hat & Gloves
- Food and Drink
- Rucksack

Each Team *must* also carry between them:

- A first aid kit
- A compass and whistle
- The event map and control card (supplied Sat and Sun mornings)
- Paper, pen or pencil
- Suncream – you never know!!

Random Kit Checks WILL be carried out during the event!

Remember:

Mandatory Kit is for Your Safety